

December 9 – 11, 2010 Las Vegas - Mandalay Bay

SCHEDULE-AT-A-GLANCE

WEDNESDAY, DECEMBER 8, 2010

PAID FOR WORKSHOP:

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| 6:00 am | REGISTRATION OPENS | |
| 9:00 am – 5:00 pm <i>Room: South Pacific C</i> | Putting It All Together: The Nuts and Bolts of Hormone Restoration in Men and Women | Sangeeta Pati, MD |
| 8:30 am – 6:00 pm <i>Room: South Pacific F</i> | Menopause/Andropause: Improving the Health and Happiness of your Patients with Bio-Identical Hormones | Jonathan V. Wright, MD Daved Rosensweet, MD |
| 9:00 am – 5:00 pm <i>Room: South Pacific D</i> | A Comprehensive Approach to the Diagnosis and Treatment of Adrenal Fatigue | James Wilson, ND |
| 9:00 am – 5:00 pm <i>Room: South Pacific J</i> | Marketing Tips & Strategies for Your Success *(NON-CME) | Manon Pilon |
| 9:30 am – 5:30 pm <i>Room: Islander H</i> | A Program for Dietary Supplement Counseling | Stephen Holt, MD, PhD, DSc |

THURSDAY, DECEMBER 9, 2010

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| 6:00 am | REGISTRATION OPENS <i>Room: Bayside A</i> | |
| 7:00 am – 7:40 am | Palladium Lipoic Acid Complex: A Non-Toxic Metabolically Targeted Chemotherapy Molecule | Paul Rothwell, MD |
| 7:40 am – 8:20 am | Intravenous Nutrient Therapy: The Meyer's Cocktail | Alan Gaby, MD |
| 8:20 am – 8:40 am | OPENING REMARKS *(Non-CME) | Ronald Klatz, MD Robert Goldman, MD |
| 8:40 am – 9:40 am | Searching for the Fountain of Health: How the Age Wave will Transform Health and Healthcare *(Non-CME) | Ken Dychtwald, PhD |
| 9:40 am – 10:20 am | One Solution for the Wheezing and Other Aspects of Childhood Asthma | Jonathan V. Wright, MD |
| 10:20 am – 11:00 am | Putting it all Together: The Nuts and Bolts Hormones, Nutrition, Detoxification, Body & Mind Case Studies | Sangeeta Pati, MD |

LUNCH BREAK – EXHIBIT HALL HOURS 11:00 AM – 6:00 PM

THURSDAY, DECEMBER 9, 2010 (Continued)

TRACK 1:

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| 1:00 pm – 4:00 pm | TRACK 1: WEIGHT MANAGEMENT & NUTRITIONAL THERAPIES <i>Room: South Pacific F</i> | |
| 1:00 pm – 1:30 pm | Nutrition and Lifestyle Intervention for Weight Management and Longevity | Wayne Anderson, MD |
| 1:30 pm – 2:00 pm | Individualizing Nutritional Supplementation Through Assessment of Liver Genomics | Robin Bernhoft, MD |
| 2:00 pm – 2:30 pm | Integrative Approaches to Detoxification | Isaac Eliaz, MD |
| 2:30 pm – 3:00 pm | A Diet for Health and Longevity: Micronutrients | Bruce N. Ames, PhD |
| 3:00 pm – 3:30 pm | A Nutritional Approach to Management Of Overweight and Obese Subjects with Metabolic Syndrome; Weight Loss and Cardiac Risk Reduction | Robert Lerman, MD |
| 3:30 pm – 4:00 pm | Amplifying HCG Weight Loss with Thermogenesis: An Advanced Clinical Protocol | Ester Mark, MD |

TRACK 2:

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| 1:00 pm – 4:00 pm | TRACK 2: WOMEN'S HEALTH <i>Room: South Pacific D</i> | |
| 1:00 pm – 1:40 pm | How To Use Hormones While Minimizing The Risk of Breast Cancer | Khalid Mahmud, MD FACP |
| 1:40 pm – 2:15 pm | Breast Health: New Treatment Paradigms In Anti-Aging Medicine | Peggy Watson, MD |
| 2:15 pm – 2:50 pm | Sizing Up Menopausal Metabolism: Mid-Life Weight Gain; How to Stop it and Manage Weight Successfully | Erin Lommen, ND |
| 2:50 pm – 3:25 pm | Testosterone Use in Women Everything You Ever Wanted to Know But Were Never Taught in Medical School | Michael Buckley, BPharm |
| 3:25 pm – 4:00 pm | Women's Issues: A Discussion Between Two Doctors | Gordon Pederson, MD Sherrill Sellman, ND |

TRACK 3:

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| 1:00 pm – 4:00 pm | TRACK 3: CANCER THERAPIES <i>Room: South Pacific I</i> | |
| 1:00 pm – 1:45 pm | Cancer: Non-Toxic Therapies | Mark Rosenberg, MD |
| 1:45 pm – 2:30 pm | A Paradigm Shift in the Structure of Cancer Treatment | Thomas Lewis, PhD |
| 2:30 pm – 3:15 pm | Weight Management Equals Cancer Management | Olivier Wenker, MD |
| 3:15 pm – 4:00 pm | Advances in Cancer Imaging: Implications For Diagnosing, Treating and Reversing Prostate and Other Cancers with Non-Invasive Monitoring and Nutrition Intervention | Robert Bard, MD |

THURSDAY, DECEMBER 9, 2010 (continued)

TRACK 4:

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| 1:00 pm – 4:00 pm | TRACK 4: A PRACTICAL APPLICATION OF TREATING ADULT HORMONE DEFICIENCY <i>Room: Bayside A</i> | |
| 1:00 pm – 1:45 pm | Introduction to Adult Hormone Deficiency | Ron Rothenberg, MD |
| 1:45 pm – 2:30 pm | “Sub-Laboratory” Hypothyroidism and the Empirical Use of Thyroid Hormone | Alan Gaby, MD |
| 2:30 pm – 3:15 pm | Testosterone-Andropause and Sexual Health | Ron Rothenberg, MD |
| 3:15 pm – 4:00 pm | Estrogens-Progesterone-Testosterone-DHEA For Women | Jonathan V. Wright, MD |

TRACK 5:

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| 1:00 pm – 4:00 pm | TRACK 5: ADVANCES IN ANTI-AGING MEDICINE <i>Room: South Pacific J</i> | |
| 1:00 pm – 1:40 pm | Epigenetic Look At Aging | Azad Rastegar, BA |
| 1:40 pm – 2:15 pm | Rice and Soy Extract Derivatives and Amino Acids Together May Assist in the Battle Against Telomere Shortening and Abnormal Cell Proliferation. | Raif Tawakol, MD |
| 2:15 pm – 2:50 pm | Gene Therapy in Vascular Metabolic Disease | Enoc Chambi, MD |
| 2:50 pm – 3:25 pm | Fish Oil Fallacies: Physicians and Patients Beware | Brian Peskin, BS |
| 3:25 pm – 4:00 pm | From Ancient Remedy To Modern Medical Marvel- Bioactive Silver Hydrosol – A New Breakthrough in Integrative Medical Practice | Eric Rentz, DO |

TRACK 6:

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| 1:00 pm – 4:00 pm | TRACK 6: AESTHETIC MEDICINE <i>Room: Islander D/E</i> | |
| 1:00 pm – 2:00 pm | The Importance of Light Based Skin Rejuvenation In the Anti-Aging Practice | Patrick Bitter Jr., MD |
| 2:00 pm – 3:00 pm | Needle vs. Knife –Update on the State of the Art In Non-Surgical Facial Sculpting | Alexander Rivkin, MD |
| 3:00 pm – 4:00 pm | Facial Rejuvenation Utilizing Platelet Rich Plasma (PRP) | Gail Humble, MD |

EVENING WORKSHOPS* (NON-CME) – 6:30 PM – 9:30 PM

FRIDAY, DECEMBER 10, 2010 (continued)

TRACK 3:

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| 1:00 pm – 4:00 pm | TRACK 3: INNOVATIONS IN ANTI-AGING MEDICINE <i>Room: South Pacific I</i> | |
| 1:00 pm – 1:35 pm | Hyaluronic Acid (HA)- The Anti-Aging Answer for the Whole Body | Chris Meletis, MD |
| 1:35 pm – 2:10 pm | Innovations of Redox Biochemistry in Health and Aging | Gary Samuelson, PhD |
| 2:10 pm – 2:45 pm | Reversing Immune Aging In Humans: Results Of a Study Using A Natural Product Telomerase Activator | Joseph M. Raffaele, MD |
| 2:45 pm – 3:20 pm | Vitamin E: A New Perspective in Nutrition And Health | Andreas Papas, PhD |
| 3:20 pm – 4:00 pm | The Differences Between Hypothyroidism Functional Hypothyroidism, and Functional Hypometabolism | Nat Jones, RPh, FIACP |

TRACK 4:

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| 1:00 pm – 4:00 pm | TRACK 4: A PRACTICAL APPLICATION OF TREATING ADULT HORMONE DEFICIENCY <i>Room: Bayside A</i> | |
| 1:00 pm – 1:45 pm | Adult Growth Hormone Deficiency Treatment | Ron Rothenberg, MD |
| 1:45 pm – 2:30 pm | Compounds Used in Anti-Aging Medicine * (NON-CME) | John Grasela, R.Ph |
| 2:30 pm – 2:50 pm | Vitamin D is a Hormone! Almost all of your Patients are Deficient! | Ron Rothenberg, MD |
| 2:50 pm – 3:15 pm | Sleep Disorders and Melatonin Deficiencies | Ron Rothenberg, MD |
| 3:15 pm – 4:00 pm | Oxytocin: The Female Brain and Sexuality from Birth To Old Age | Jorge Flechas, MD |

TRACK 5:

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| 1:00 pm – 4:00 pm | TRACK 5: ADVANCES IN ANTI AGING MEDICINE <i>Room: South Pacific J</i> | |
| 1:00 pm – 1:30 pm | Clinical Biochemical Parameters for the Practice Of Preventive Medicine | EK Schandl, PhD, FACB |
| 1:30 pm – 2:00 pm | Practical Oncological Strategies for Integrative Medical Physicians | Martin Dayton, MD |
| 2:00 pm – 2:30pm | Immunological Assessment Method | Kelly Olson, PhD |
| 2:30 pm – 3:00 pm | Detoxification of Chemicals and Heavy Metals with <i>Chlorella</i> *(NON-CME) | Randall Merchant, PhD |
| 3:00 pm – 3:30 pm | Fix Your Joints without Surgery – Prolotherapy and PRP | Peter Fields, MD, DC |
| 3:30 pm – 4:00 pm | Clinical Trial of Sublingual HCG as a Treatment For Obesity | Mayer Eisenstein, MD |

FRIDAY, DECEMBER 10, 2010 (continued)

TRACK 6:

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| 1:00 pm – 4:00 pm | TRACK 6: AESTHETIC MEDICINE <i>Room: Islander D/E</i> |
| 1:00 pm – 2:00 pm | Get WOW Now! Edward M. Zimmerman, MD Deliver Happiness and Thrive - Combining Therapy, Art and Service for a successful practice |
| 2:00 pm – 3:00 pm | Optimizing Outcomes with SmartXide DOT Rob Troell, MD, FACS Fractional CO2 Laser: 100 Consecutive Patients Treated |
| 3:00 pm – 4:00 pm | Sublative Rejuvenation Dore Gilbert, MD |

PINNING CEREMONY – NETWORKING RECEPTION – EXHIBIT HALL* (NON-CME)

6:00 PM – 7:30 PM

EVENING WORKSHOPS* (NON-CME) – 7:30 PM – 9:00 PM

SATURDAY, DECEMBER 11, 2010

| | | |
|---------------------|--|----------------------|
| 6:00 am | REGISTRATION OPENS <i>Room: Bayside A</i> | |
| 7:00 am – 7:30 am | Hypothyroidism and Adrenal Fatigue | James Wilson, ND |
| 7:30 am – 8:00 am | Iodine Deficiency Testing with Dried Urine | David Zava, MD |
| 8:00 am – 8:40 am | Breaking the Cardio-Diabetic Connection A New Paradigm for the Anti-Aging Physician | Frederic Vagnini, MD |
| 8:40 am – 9:20 am | Cancer Cell PH Manipulation Therapy | Mark Rosenberg, MD |
| 9:20 am – 10:00 am | Cell-Biology Changes During Pathological Processes Involved in Obesity | Chen Chen, MD |
| 10:00 am – 10:30 am | Anti-Aging Medicine: A Personalized Approach To Health | Pamela W. Smith, MD |

LUNCH BREAK – EXHIBIT HALL HOURS 10:00 AM – 2:00 PM

TRACK 1:

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|-------------------|--|------------------------------|
| 1:00 pm – 4:00 pm | TRACK 1: ADVANCES IN ANTI-AGING MEDICINE <i>Room: Bayside A</i> | |
| 1:00 pm – 1:40 pm | Leptin, Aging and Obesity | Eric Braverman, MD |
| 1:40 pm – 2:15 pm | Benefits of Synergic Application of Perioperative IV & Oral Nutrition Therapy | Ferdinand Cabrera, MD |
| 2:15 pm – 2:50 pm | Successful Healing and Anti-Aging With Specific Low Frequency E/M Fields | Wolf-Dieter Kessler, MD, PhD |
| 2:50 pm – 3:30 pm | Hormone Deception: Detoxifying the Endocrine Disruptors Naturally | Debra Muth, NP,ND |
| 3:30 pm – 4:00 pm | Wireless Radiation, Cell Phones & Electro-Sensitivity - Challenges for aging well in the digital age | Kerry Crofton, PhD |

SATURDAY, DECEMBER 11, 2010 (Continued)

TRACK 2:

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| 1:00 pm – 5:00 pm | TRACK 2: STEM CELLS <i>Room: South Pacific F</i> | |
| 1:00 pm – 1:30 pm | Stem Cells and the Future of Regenerative Medicine | Dipnarine Maharaj, MD |
| 1:30 pm – 2:00 pm | Platelet Rich Plasma and Stem Cell Injections in An Office Setting | Joseph Purita, MD |
| 2:00 pm – 2:40 pm | Catheter-Based Transendocardial Delivery of Autologous Bone Marrow-Derived Cells in Patients with Heart Failure Due to Dilated Cardiomyopathy | Timothy Henry, MD |
| 2:40 pm – 3:10 pm | Adipose-Derived Mesenchymal Stem Cells vs. Bone Marrow-Derived Mesenchymal Stem Cells | Keith March, MD |
| 3:10 pm – 3:50 pm | Cell Therapy in Chronic Critical Limb Ischemia – Bone Marrow Aspiration Concentrate or Stromal Vascular Fraction From Lipoaspirate | Vaclav Prochazka, MD |
| 3:50 pm – 4:30 pm | Therapeutic and Regenerative Potential of Adipose-Derived Stem Cells | Vasilis Paspaliaris, MD |
| 4:30 pm – 5:00 pm | A Validated method for the Isolation of Adipose Derived Stem Cells and Their Importance in Regenerative Medicine | Sharon McQuillan, MD |

TRACK 3:

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| 1:00 pm – 4:00 pm | TRACK 3: BREAKTHROUGHS IN ANTI-AGING MEDICINE <i>Room: South Pacific J</i> | |
| 1:00 pm – 1:45 pm | Anti-Aging Triad: Telomeres, Stem Cells and Calorie Restriction | Stephen Holt, MD, PhD |
| 1:45 pm – 2:30 pm | The Evolution of Nutritional Supplementation | Mitchell Ghen, DO |
| 2:30 pm – 3:15 pm | Clinical Interventions for Environmental Toxins, Detoxification Methods and Diagnostics for the Anti-Aging Practitioner | Rita Ellithorpe, MD |
| 3:15 pm – 4:00 pm | The Vitamin D Endocrine System and Body Weight Regulation | Steven V. Joyal, MD |

SATURDAY, DECEMBER 11, 2010 (Continued)

TRACK 4:

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| 1:00 pm – 4:00 pm | TRACK 4: INNOVATIONS IN ANTI AGING MEDICINE <i>Room: South Pacific I</i> | |
| 1:00 pm – 1:45 pm | Highly Effective Solutions for the Treatment Of Anxiety, Depression. And Insomnia Disorders With No Serious Side Effects | Nancy White, PhD |
| 1:45 pm – 2:30 pm | Is Resveratrol A True Anti-Aging Component | Richard Baxter, MD |
| 2:30 pm – 3:15 pm | Building Successful Syndrome-Based Protocols | Leonid Ber, MD |
| 3:15 pm – 4:00 pm | Aquatic Intervention for Low Back Pain and Related Diagnoses | Theresa Pantanella, OTD MPA |

TRACK 5:

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|-------------------|--|----------------------|
| 1:00 pm – 4:00 pm | TRACK 5: AESTHETICS MEDICINE <i>Room: Islander D/E</i> | |
| 1:00 pm – 2:00 pm | Fractional Ablative Resurfacing – The Latest Advancement in Aesthetic Medicine | Haneef Alibhai, MD |
| 2:00 pm – 3:00 pm | Skin Collagen: More Than Meets the Eye | Pierre Clero, MD |
| 3:00 pm – 4:00 pm | Cell Assisted Autologous Fat Transfer | Sharon McQuillan, MD |

Course Description:

Anti-Aging and Regenerative Biomedical Technologies conference is an opportunity to present practicing physicians and health care professionals with reports on breaking technologies from fields of clinical medicine focused on the prevention and early intervention of aging related disease processes. In addition the Conference is an opportunity to highlight new medical techniques from around the world that can have an impact in the early detection, prevention, treatment of aging related disorders and regenerative medicine.

Course Objectives:

- Understand the normal cell cycle and cancer cell cycle
- Connect hormone deficiencies, inflammation and disease
- Describe recent developments in the treatment of patients with age-related disorders
- Establish relevance of hormone deficiency to overall health
- Understand diagnostic criteria for correlating hormones and brain function
- Learn protocols to measure and restore each hormone. Practical case applications will be the main modality of illustrating the use of these protocols.

- Exploration of the connections between stress, the immune system and brain function.
- Discuss the implications of telomere rejuvenation for health and longevity

Accreditation: The Medical Educator Consortium is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Hours: The Medical Educator Consortium designates this educational activity for a maximum of *31 AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of MEC and A4M. The MEC is accredited by the ACCME to provide continuing medical education for physicians.

Faculty Disclosure Statement: The Medical Educator Consortium (MEC) adheres to the ACCME Standards for Commercial Support. All persons that will be in a position to control the content of the CME Activity are required to disclose all relevant financial Relationships. Faculty disclosure forms outlining this information will be made available to all participants prior to educational Activity. MEC has also implemented a mechanism to identify and resolve all conflicts of interest prior to the education activity being delivered to learners. The source of all support from commercial interests will also be disclosed to learners prior to the beginning of the educational activity.